



Testimonials Related to Sleep Challenges

"I have been sleeping SO WELL since the sessions. I don't wake up once during the night whereas I used to wake up 3 or 4 times in the night and I usually wake up before my alarm & I feel wide awake and rested. I'm lovin' it!!!"

C.M. Montreal, Quebec (after 2 sessions)

"Woman with 15 years of bad sleep-pattern (was) sleeping three hours a day, waking up at 2.00am and not able to sleep again. After seven sessions she started to sleep seven hours, non-stop. All symptoms disappeared gradually: depression, suicidal feelings, dizziness, etc. No meds anymore, still stable (training is 4 years ago)."

Submitted via Trainer Survey

"Training with NeurOptimal® has been a life-changing process for me and the vast majority of my patients, friends and family members in ways that are subtle, seamless and even difficult to define in some ways, yet rather direct and so clearly obvious in other ways. In my opinion as a scientist, clinician and Interfaith minister it truly is the most powerful, sophisticated, advanced, non-linear technology available for transformation on the planet!"

Edward O'Malley Ph.D., Director, Sleep Healthcare of Connecticut

"This morning I woke up after a continuous 7.5 hours of sleep, something that hasn't happened in years. In addition, I opened my eyes and realized I felt happy. Wow. If you knew me previously you would agree that this borders on the miraculous. This all after just four sessions I gave to myself since I received the system. I'm so thrilled."

C.T. Ranchos de Taos, NM, USA